

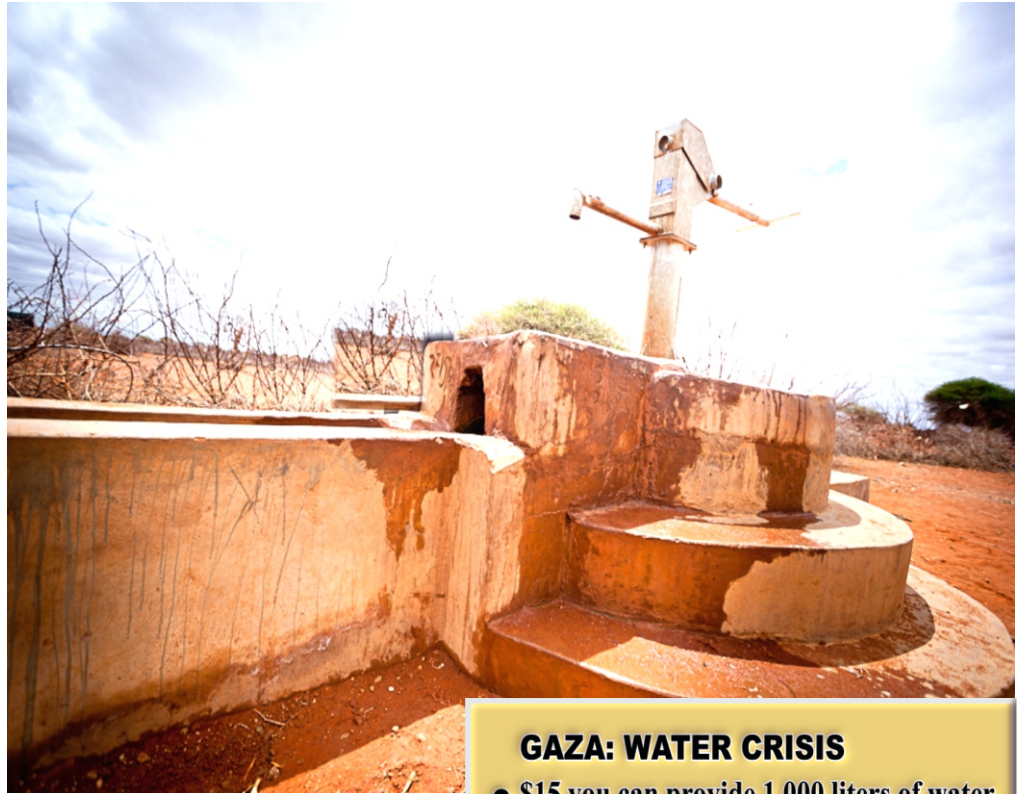
"OUR FOUNDATION IS TRUST"
Amaana Hands Inc.
"Empowering the Poor and Needy with Dignity and Respect"

P. O. Box 200285, South Ozone Park, NY 11420 Tel: 718.887.8625 | June-July 2015 | Ramadan 1436

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Water Wells

How many of us turn on the tap and let the water run, as we brush our teeth? What a luxury! Many people do not even have running water to drink! Over the last year, AH has stepped up its water well project by partnering with other organizations to bring pure and clean water to villages in Africa and other countries. AH has embarked on the more elaborate water wells costing from \$4,000 to \$15,000 each. In addition to providing water to these villages, AH has provided life-saving water wells to many people in Afghanistan, Somalia, Tanzania, Sudan, Gambia, Kenya and other poor villages. There has been little or no rain in most of these countries which has resulted in a drought. In the horn of Africa there's an estimated 1.5 million displaced families and 10 million people that are in need of immediate food and clean water. The Prophet (S) encouraged believers to give water to those in need for it is sadaqah jaariyah (continuous charity). We do not need to sponsor an entire well, please donate whatever you can to provide a basic necessity to those who are suffering. The next time we turn on a tap to use water, think of all the people who can only wish and hope for such luxury.



GAZA: WATER CRISIS

- \$15 you can provide 1,000 liters of water
- \$90 you can provide 6,000 liters enough for 1 week
- \$360 you can provide safe drinking water for one month

Syria, Gaza & Yemen

As the conflicts escalate in these countries, AH is seeking your Zakaah to ease the sufferings of our brothers and sisters. They are displaced, injured, killed and orphaned. The children are the ones losing the battle. Thirst and hunger are our primary focus to combat. AH partners with other organizations to deliver clothing kits, food packages, hygiene kits, tents and tarps. We target health care, nutrition, sanitation and education. In the past, AH financed a truckload of flour for bakeries to bake breads, hygiene kits, tents and mobile houses for displaced refugees of Syria. We can only continue to do this type of work with your contributions and Zakaah so please donate generously.

Sister & Her Family Stranded – AH to the Rescue

Imagine arriving in the USA with 4 children expecting to meet your husband at the airport but he was not there. This was the case of a sister arriving from Pakistan. AH heard of her plight and came to her rescue immediately. The sister and her children had to live in a room and share a kitchen with other tenants. After 2 weeks, she was told to move out. With no money it was difficult for her. AH assisted her financially to resettle in a good apartment. AH bought all the school supplies for the children to start school. On a follow-up call to check on this family, we found the 10 year old son was home on a school day. He said that his class went on a trip and he did not have the money to pay for it. AH promised him that in the future we will pay for his school trips. At this time, he told us that his mother, (even with her limited English) found a part time job. AH will stay with her until she is fully independent. Please partner with us to see her through this hardship and assure her and her children that together she will overcome this trial. This sister is utilizing your Zakaah to uplift her unfortunate condition.

In the Name of Allah, Most Gracious, Most Merciful

Assalamu `Alaikum Warahmatullah Wabarakatuhu Ramadan Kareem.

I greet you with the reminder that our work is closely related to our faith and to society. It is a righteous duty to respond to the poor and to those in need of help. I am pleased that you partnered with AH to execute this basic tenet of our faith while bringing comfort to the poor. May you be blessed with expansion of your wealth, and may Allah amplify your well-being and that of your families, Aameen.

For the past year, together, we were able to promote the importance of this crucial duty of assisting the less fortunate. And together, we brought this message to others. Of special importance, was the call to reach those in need here at home in the USA. In response, we have:

- Reached out to those distressed due to emergency financial and health situations.
- Financial support to students who are pursuing higher Islamic Education that needed help in order to complete their studies.
- Expanded our outreach to the women shelters in New York, Maryland and Florida.
- Assisted with outreach to vulnerable youths in depressed communities.
- Provided financial support to the sick, divorced and single parent households.

Because of your generosity, AH has carved a solid footprint as a conduit to the underprivileged and disadvantaged, here in the USA, as well as internationally.

Although passion, conviction and duty are the guiding forces behind everything we do, I have to acknowledge that nothing would be possible without your commitment to our cause. As more people reach out to us for assistance, we need now more than ever, your continued and sustained support. The work is extensive, but Al Hamdu lillah, with dedicated partners like you, AH will continue to serve and fill the humble hands that extend for help.

Sincerely,
Sister Zeleena Hack

AH subscribes to transparency in its operations. It is registered with the NY and NJ State Attorney General Office, Bureau of Charities and also files its Form 990 as required by federal law each year. Please visit their websites for full disclosure of AH assets and expenditures.

Amaana Hands
A Hand Up, Not a Handout!

Morocco Relief

AH is now reaching the poor in Morocco by providing monetary assistance to the people in the streets of Tangiers. A request was made to AH for a 19 year old sister in Casablanca whose hand was injured in an accident when a car door slammed it. She desperately needed a surgery, which she could not afford, to save her hand. We donated your Zakaah to provide her relief from pain and suffering. Your Zakaah and donations are working when the call is made to help a poor, wherever they may be.

Disaster Relief: Nepal



Disaster strikes when we least expect, which makes the suffering and hardship from the loss of lives and destruction of properties even more devastating. Those of us in more secure places are obligated to bring assistance and comfort to those who are affected. AH is partnering with other major organizations to provide assistance to the disaster areas. AH responded by donating towards the purchasing of medicines, water, food, tents, mattresses and hygiene kits. Please donate towards this cause to demonstrate our willingness to bring relief to those in need.

AH feeds & counsels the homeless



An Inspirational Story:

From Homelessness to the Workforce

Two of AH volunteers in Florida were driving and saw a sister in Hijab walking in a lonely street. She had her shoes in her hands. They stopped to inquire if she is okay. At first, she said that the shoes were too small and blistering her feet. Later, she confessed that she lived in the Muslim Women's Shelter and was on her way to the Masjid seeking solace and guidance. Unfortunately, she could not live in the shelter for more than six months. AH made a commitment to support her through her struggles, not only financially but to provide her with socio-emotional support that she so desperately needed. Our volunteers took her shopping for basic necessities and clothing for job interviews. She went to a few interviews and, Al Hamdu lillah, she was promised employment at a vacation resort. AH is providing her with financial, emotional and moral support with the hope that with her small income, she will be able to move into her own apartment. Insha Allah, AH will continue to support her until she is settled. Please stay with us, so that together, we can bring her home.

Self-Sufficiency-Skill Training

In dispensing its Zakaah and Sadaqah, one of the major objectives of AH is to build capacity and self-sufficiency among our recipients. In Cambodia, AH sewing school "Golden Needle" is providing professional training classes for the youths and unemployed. After graduation, many of the students are gainfully employed by factories as seamstresses and tailors. Many of our past students have moved onto neighboring countries seeking better employment with promising garment industries. They can now provide for themselves and families.



Hijab Drive by the Youths of National Islamic Association (NIA), Newark, NJ



The youths organized a Hijab Drive. The beautiful Hijabs were distributed to the Islamic classes and schools in Guyana. We thank the youths of NIA.

Changing Lives for the Better

AH volunteer in Guyana discovered a poor couple with their seven children struggling to make ends meet although they are making use of every opportunity presented to them. They wanted to make their living and not be dependent on charity and as such, they are seeking a way out of their struggles. Your donation helped them to realize this dream of Self-Sufficiency. AH purchased the goods needed for the wife to start a small business selling fruits, pastries & candies in front of a school. The husband in the meantime is trying to build a leather craft business. The wife and her seven children are learning the trade. Today by your assistance, Al Hamdu lillah they are taking care of their everyday living expenses. Sadly, they still need a secure house in which to live. They are on the AH Build-A-New House waiting list. This house is not a luxury but a humble, decent place to call home. It is a fulfilling feeling knowing that your Zakaah is given to those who are willing to make progress in their lives, and not become dependent on charity. Please donate generously to help this dedicated family on their final journey towards a better life.

Burial Assistance

AH provides burial assistance to those who cannot afford burial expenses for their deceased relatives. This service is done in the USA, Cambodia and Guyana. These are times when many are feeling the pains of a lost one, but by alleviating the stress of burial expenses brings a sigh of relief to the poor. Allah will relieve the pain of a person on the Day of Judgment for the one who relieves the pain of someone in this world.

Education

Knowledge is the light that will illuminate the heart. We have to utilize the power of knowledge to wipe away ignorance, spread love and share the beauty of Islam with others. We live in times of turbulence. It is knowledge and its sound application with love and wisdom that will help weather the storm. AH has been giving financial support to dedicated students committed to their studies. These students' aim is to be the source of knowledge and counsel their communities so they can grow and strive to be shining examples. AH is paying the salaries to the Hafizh who are teaching Quran memorization in the several Darul Uloom in Guyana and Cambodia.

Cambodia



Riyad Al-Jannah Guyana



AH in its mission of instilling the need to improve lives, has placed emphasis on the teaching and learning of the Qur'an. Much attention and support are given to these schools in the countries where AH has established its operations. One such school is Riyadh al-Jannah located in one of the poorest and most notorious neighborhoods in Georgetown, Guyana. It has over 80 full time students. It operates six different sessions from as early as 5:00 AM to 9:00 PM at night and caters for students juggling academic and religious studies, especially Qur'an memorization. This school began with concerned parents homeschooling their daughters who eventually excelled academically and have become the first 2 Girls to memorize the entire Qur'an in

Guyana. The students excelled at Qur'an competition in Guyana, Caribbean and Dubai. Riyadh al-Jannah has become the premier Qur'an memorization school where parents are vying to enroll their children. The curriculum now features Islamic subjects and career guidance in marriage, leadership and interpersonal skills. It also offers specialized sports activities. Riyadh al-Jannah employs 7 teachers and 3 assistants and serves hundreds of part time students. AH is providing financial assistance to Riyadh al-Jannah for its monthly operational expenses.

AH is on a journey to make Qur'an an integral part of children's lives in Guyana, Bangladesh, Cambodia and Africa. We continue to support Qur'an schools in these countries. Teachers, students and other support staff are given monthly stipends. AH provides personal hygiene hampers for the students. The schools are given assistance for operating expenses. In Bangladesh AH has been a leader in assisting blind students for Qur'an memorization and 250 orphans. In Guyana, AH is supporting 4 of these schools. Please continue to donate for the Qur'an memorization, the rewards to you is enormous.

Qur'an Memorization Schools



Bangladesh



Listen To Her Silent Cry

Every girl dreams of growing up, getting married, and having a family. She dreams of sitting at the dinner table with her husband and children happily eating the delicious meal she cooked. She does not dream of her husband coming home drunk, yelling at her about dinner, and hitting her. She does not dream of cradling her children, trying to protect them from their father. She does not dream of staying up all night and wondering if tonight will be her last night on earth because he may follow through on his threats to kill her.

Domestic violence is a real and dangerous problem for women around the world. According to the latest statistics, 70 percent of women worldwide will experience abuse by an intimate partner during their lifetime. 10 million children are exposed to domestic violence every year. It is incredibly difficult for these women to leave their abusive relationships. Furthermore, 98 percent experience financial abuse, which is the number one reason women stay or return to the abusive relationship. The abuser controls their money supply, leaving them with no financial resources to break free. These women are trapped in their situations often having no one to help them. Al Hamdu lillah, we at AH extends our tender hands to their cries and feelings of hopelessness. We treat all the cases with confidentiality, most of all giving them the comfort that Allah will heal their wounds and that we are here to help them through their trials. We listened to their plight, give counsel and refer them to professional help. It does not end here. A volunteer is assigned to each case until the family recuperates and feel safe to go on living.

For decades, Amaana Hands has been helping women and their children survive their whirlwind of turmoil. About 14 years ago, AH began to significantly help 5 orphans who were left in care of their elderly grandmother. Their father murdered their mother in their presence. The father was imprisoned for life. It is painful to retell this story, much less these orphans that are scarred with this pain of losing their mother. Al Hamdu lillah, your caring response of Zakaah & Sadaqah have been helping these orphans since then. AH built them a house, provided them our Monthly Food Hampers and supported them in their educational needs. We are their parents that answer their calls even on weekends. These orphans are all grown now and dream of creating a new life for themselves.

One of the daughters is now married. She was overjoyed to find a husband, who promised to love and take care of

her. She has two adorable children. She finally thought that she would have the life she dreamt of. However, her dreams turned into nightmares, when her husband began to abuse her. He once beat her so badly in the ribs that she is now left with permanent breathing problems. She is scared to leave him as she fears that he will kill her. He has been arrested several times but always returns home and promises to stop. He believes that because she has no one to help her or nowhere to go, he can continue to mistreat her. She prays every day to Allah for help for her children and herself. Poverty is compounded with her abuse. She reached out to our local AH Coordinator. He went to the Police Precinct on her behalf. He also gave counsel to the husband. AH is helping this Sister and pray that Allah will relieve her distress setting her life to the path of ease.

Our Sister Needs Two Prosthetic Arms

Another domestic violence case occurred a few years ago that is too brutal to report. This sister lost her two arms as she tried to protect herself when her husband came after her with a weapon. Sadly, she could not save the lives of her two children from their father's violent crime. AH is currently making contacts with the medical institutions in the USA to get her two prosthetic arms that we will send to her. Al Hamdu lillah, she is now remarried and is in a happy and kind relationship. Poverty still prevails, as her husband is a laborer struggling to upkeep his family. AH field worker reported that their living condition is sad. This couple were given a small piece of land from the Government. It will cost \$7,000. for AH to build a small house. All housing recipients are thoroughly interviewed before they are qualified. We pray that our acts of kindness earn us a house in Jannatul Firdous, Aameen.

We may not be able to remove the scars and pain but we can help them break free from the abusive relationships and prevent future abuse. Domestic violence can be stopped with your intervention of care, love and support.

A Way Out!

Recently, a sister who was facing a domestic violence situation here in the USA sought help after repeatedly being abused and beaten by her husband. The hospital called the local Muslim Women's Shelter and a bulletin was sent out for help to house the sister and her child. With your Zakaah, AH responded immediately and gave the financial assistance needed to provide housing for this sister and her child. Sadly, many of our sisters are in similar situations. Encourage those who are being mistreated to speak up and seek help. A believer does not despair. We have our obligations to those who are oppressed and cannot turn away from their plight. We live in a country where spousal abuse is not dealt with lightly. Please let's be reminded to make du'a for these families.

Medical Assistance

A brother from Guyana came to the USA for a prosthetic leg. The cost of the leg was \$13,000. Al Hamdu lillah, it is with your Zakaah that AH gave a generous payment directly to the clinic. This brother is now on his way to recovery. Thanks for helping him back on his feet, literally.

An Orphan - Sima's Heart Surgery



Sima is 8 years old. She lost her father at age 2. She was born with a heart defect. Sima is one of the Muslim orphans that we care for in Cambodia. On May 11th 2015 was her surgery. After a few days in ICU, she was discharged. Sadly, in Cambodia if the patient cannot

pay the doctors and nurses they are discharged. It is with your Zakaah that AH was able to pay for her medical care. At this time water penetrated her lung. Please keep this orphan in your du'a. Rany, AH worker in Cambodia visits Sima and supervises the payments for Sima's medical care.

The Smile of Dignity & Confidence

Sadly, shame and humiliation are associated with children who are born with cleft lips and cleft palates. The children are treated with scorn. Many children suffer low self-esteem and are hesitant to withstand the stares and silent reproof of the public. They are ashamed to be seen



by those outside of their close relations. When this is combined with poverty, it is devastating to the lives of these families. AH has donated money to make possible seventeen cleft lips surgeries so far this year (2015). Each surgery costs \$250. Please help us bring a bold, fearless smile to the poor, cleft-lip children in Bangladesh, Pakistan, Afghanistan, Iraq, Ethiopia, Sudan and Niger.

Orphans in Cambodia

Approximately three years AH has been assisting these orphans along with their two brothers and their mother. Sadly, their mother died in February 2015 and they were left in the care of a poor uncle. Sokheun, Sokayn and Saranh and their two brothers are now under the support of AH. Your Zakaah is their hope for a bright and safe future. When orphans are not cared for, they would roam the streets and garbage dump for food, causing them to be vulnerable to kidnapping, ill-treatment and sold to child labor. Please partner with us so that these five orphans are comforted knowing that they can rely on AH monthly financial help for food and clothing.



Orphans Education – A Brighter Future

Quite often, orphans in the public schools are stigmatized, teased and discriminated because they are living in the orphanage. For example, a group of 22 high school orphans in Guyana were attending public school and experienced embarrassing taunts and bullying. The orphanage administration asked AH for a substantial monthly financial support to place these orphans in a private school. Al Hamdu lillah, in May 2015 AH began payments directly to the private school. This bold act of kindness for the orphans is in honor of AH mission of empowering the poor with dignity and respect. The cost per orphan is \$30. per month. Your Zakaah will help the orphans grow with confidence and give them hope to a brighter future. Prophet Muhammad (S), said: "I and the custodian of an orphan are like this (together) in Paradise", and he joined his forefinger and middle finger together. (Bukhari)

“Those who spend their wealth for increase in self-purification, and have in their minds no favor from anyone for which a reward is expected in return, but only the desire to seek for the Countenance of their Creator Most High; and soon will they attain (complete) satisfaction.” (Qur’an: Al-Layl: 18-21)



Br. Yusuf is a student at the Darul `Uloom in Guyana. After studying in classes all day he would ride his bicycle to the orphanage to teach Arabic and Quran to the children. One afternoon while teaching, his bicycle was stolen. AH realized the importance of his bicycle and replaced it with a new one. He is happy that someone cared and helped him to continue his commitment to teaching the orphans.

My First Pillow!

This is two separate families with 10 children. AH field worker visited their homes and found that they had so little to live with. We bought them towels, linens, clothing, groceries and pillows. This is the first time that they are having a pillow. SubhanAllah! May you be pleased to know of the restful sleep that your Zakaah brings. The children were excited to have their own **pillow and towel**



Monthly Grocery Hampers

Another of AH initiating projects is the monthly grocery hampers to over 1500 families in Guyana and Cambodia. 30% of AH budget goes towards this project because of the impact for the poor. One Imam from Guyana



who was visiting USA expressed to AH that the grocery hampers are a lifeline to so many poor families. We appeal to you to continue to support this project so that your Zakaah can fulfill the expectations of many poor, indigent and needy families.

Thank you AH Donors

This thank you card is for you, AH dedicated donors from our Monthly Financial Recipient, an 80 year old brother from NY. He expressed in humbling words and feelings: "Your help is with Allah's mercy upon me. You are doing the work that Allah wants you to do; to care for the sick, weak, poor and the old that is left with no family. You are like the bright star in this universe. You took care of me for 12 years. You helped me with new glasses after my eye surgery and gave me clothing when I needed them. This is no flattery. Allah will bless you." Br. Yousafzai

Monthly Financial Assistance Program in USA

One of AH mainstay programs is assistance to those in need here in the USA. It is our primary duty to take care of the poor at home first. Recipients are thoroughly screened before qualifying for assistance. They are given monthly financial assistance and others are being helped on an emergency basis. A few examples of these recipients are: a widow with two children, who recently had a heart by-pass surgery and too sick to return to work. Another case, is an elderly sister who roams through the garbage, picking up soda cans and bottles for cash in order to buy a chicken. A sister from NY called from the ER at the hospital that she does not have any money and needs a ride to the Homeless Shelter. With her pacemaker and crutches she was afraid of being left on the streets. AH sent her a taxi, money and a food package. Quite often AH is called upon to assist other organizations here in the USA to rescue people with emergency needs.

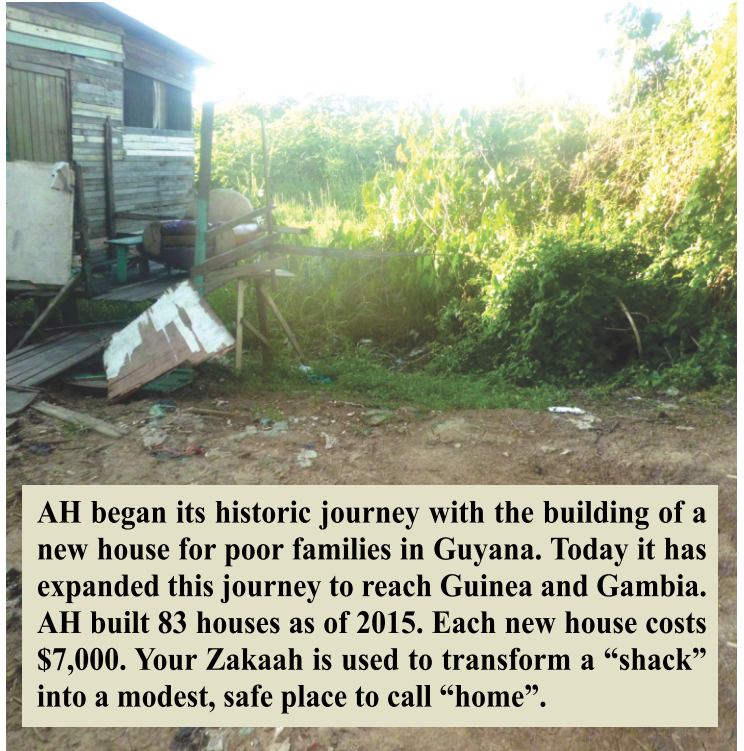
Thank You Letter From a University Student

Dear Amaana Hands Donors,
Assalamu Alaikum

I am writing to thank you for yet another successful year at the University of Guyana. The help that I am receiving from you for the past 3 years has benefited me and my family in many ways. Assisting me with my fees has helped my parents a great lot. My mom is the sole breadwinner of the family. Many years ago, my father stopped working due to his illness. You have also given me the moral support to complete my studies. That means a lot to me. I wish that when I am finished and stand firmly on my feet with a job, I can join you and return help to the poor, because I know how it feels to receive a helping hand. My special thanks to all the brothers and sisters who are helping me and my family in these hard times.

Sincerely,
Your Brother, Mohamed

Build-A-New-House



AH began its historic journey with the building of a new house for poor families in Guyana. Today it has expanded this journey to reach Guinea and Gambia. AH built 83 houses as of 2015. Each new house costs \$7,000. Your Zakaah is used to transform a “shack” into a modest, safe place to call “home”.

Ramadan Appeal

To feed a family for one month in Ramadan:

Items in food baskets: dates, rice, sugar, chicken, cooking oil, cheese, beans, lentils, halva, tomato paste, salsa, pasta, canned meat, tea, salt, tahini paste, canned mushrooms and flour.

- Palestine - \$150
- Syria/Jordan/Lebanon - \$150
- E. Africa - \$100
- Pakistan - \$100
- Yemen - \$130

Many of our brothers and sisters in countries with conflict and poverty are struggling to survive the pangs of hunger and to provide for their families. Also AH needs your help to fund its `Eid Gifts projects for the poor to enjoy the joyous day of `Eid by providing new clothing for them to be worn on this blessed day.

RAMADAN SERVICES

SADAQATUL FITR	IFTAR	FIDYAH
\$8.00 Per Person (Distributed in Grains)	Donate to the Iftar Fund. There is no specific cost per Iftar	Compensation for unable to fast due to illness or old age (\$8.00 per day)

“The believer is like rain, wherever he goes he brings goodness”
Hadith