

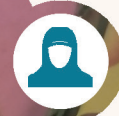
AMAANA HANDS INC.



Monthly Grocery Hamper



Skill Training/
Self-Sufficiency



Aid to Women in
Domestic Violence



Education



Medical Aid



Orphans



Water
Well Fund

“The best of people is the one who is in service to people.”

- Prophet Muhammad (ﷺ)





Our Foundation is Trust

"Empowering the Poor and Needy with Dignity and Respect"

Our Mission

To provide support to struggling individuals and families so that they can sustain themselves, build assets and acquire self-sufficiency to improve their standard of living.

Our Vision

We believe that your donations can create a brighter future for those who live in the wells of darkness. We hope that everyone who we encounter can experience life at its fullest as they work to reach their potential.

A 501 (c) (3) Non-Profit Organization
Tax ID # 11-3488344



In The Name of Allah, Most Gracious, Most Merciful

May 2019

Assalamu 'Alaikum Warahmatullah Wabarakatuhu.
May the peace and blessings of Allah be upon you.

OUR DEAR SISTERS & BROTHERS,

We greet you with Allah's blessings and pray that you and your families are well. Alhamdulillah, it has been a rewarding year for all of us, but more importantly, for those who have received your support in times of need.

As AH enters its 22nd year, we feel a deep sense of honor working on your behalf, to help those less fortunate. The unfortunate ones that we have reached out to and helped back onto their feet are eternally grateful for your help and our commitment.

- A new apartment was funded to ensure the safety of a young mother who suffered domestic abuse.
- New clothing and shoes were given to the children who had nothing but tattered clothing to wear.
- A new bicycle was given to a young boy who would otherwise be two hours late to school, as his mother, a single parent, could not afford to send him with public transportation.
- Opportunities promoting growth are granted to orphans around the world.

This year's newsletter will focus on specific cases, both internationally and domestically, so that you will gain insight into how critical and intimate our work is. AH has successfully tended to cases that others have neglected for years which AH subsequently changed their outcome positively. Families in the USA and abroad caught up in tests and trials, disaster and genocide, are qualified recipients, thanks to your blessed support. These families are incredibly overwhelmed with gratitude. This is a testament to your dedication.

We pray that your good deeds be a gleaming light for you in this world and the hereafter. Your compassion is precious to the functioning of our organization and the works that we do. Our collaboration has thus created flourishing results in enhancing the lives of so many. Without your humanitarian drive and Allah's guidance, these positive changes would not be possible. May Allah grant you health and bliss, and may He increase your bounties. Ameen.

Yours sincerely,
Zeleena Hack
Executive Director (Volunteer)

MONTHLY *Grocery Hamper*

The Monthly Grocery Hamper project is consistently the largest undertaking by Amaana Hands every year. It serves to combat hunger and malnutrition. Imagine a mother faced with the choice of either asking her children to fast or to skip breakfast because she only has enough food supply for one meal. This is indeed a sad dilemma and the reality of the people who are receiving your help. With your Zakaah, AH serves needy families in Guinea, Gambia, Senegal, Cambodia and Guyana.

Collaborating with other relief organizations gave us the opportunity to extend the Grocery Hamper Program to reach those currently experiencing famine, malnutrition, and destitution in places of humanitarian crisis in Yemen. Many families feel guilt or shame surrounding their situations and do not want to speak openly about their needs. Most are widows; others are families that have handicapped children, while some are simply helpless due to the crisis facing the country. AH Grocery Program is helping to fill the void and fulfills the right of those suffering in disaster situation.

A Typical Example of the Recipient!

In Guyana, an AH volunteer encountered a woman in hijab with her sleeping 2-year-old child in her arms; begging for help by the roadside in the city. Upon inquiring her reasons for doing so, he learned that she needed money to pay her weekly rent for the room she lives in. Her husband abandoned her and their three children. On the weekdays, she does domestic work in order to stay afloat. After verifying her situation, she was qualified for the Monthly Grocery and Rent Assistance Program. She is most grateful for your assistance.



MEDICAL AID

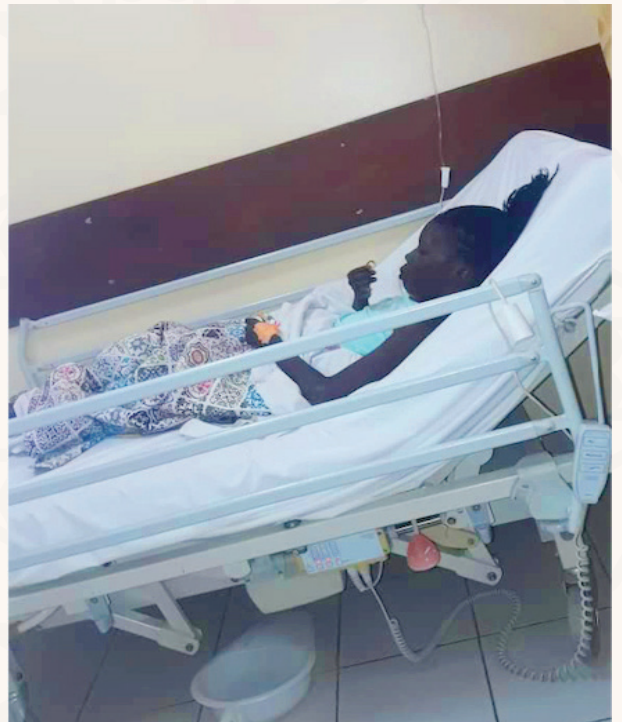


Monthly Distribution of Diapers to the Elderly & Handicapped in Guyana.

AH Medical Aid has been covering costs for its recipients' medical needs such as surgeries, medications, medical supplies and co-payments for doctors' visits. AH Medical Assistance has reached the shores of USA, Guyana, Bangladesh, Senegal, Cambodia and other countries wherever AH assistance is needed. Be a part of this blessed service to fulfill the care for the ailing ones.

Senegal

A Follow-up on Sokhna: Last year, we related to you on the medical case of a bright resilient girl, 10 year-old Sokhna. AH funded the surgery to straighten her spinal column. Alhamdulillah, it was successful. Sokhna still confronts pain and constant uphill battles as an inevitable part of her reality. Until she is 13 years old, Sokhna will need additional surgeries. We seek your help to continue to fund her subsequent surgeries and outpatient care.



Jordan

Our NY volunteer visited a family with four handicapped children. It was distressing to witness four wheel chairs parked in their living room. The parents are struggling to sustain the expenses to care for their handicapped children. So, on a monthly basis, AH is funding the costs of diapers, clothing and other necessities. We are confident that you will continue to assist us to meet our monthly commitment to this family.



A Family With Four Handicapped Children.



SELF-SUFFICIENCY

This photo is a glimpse at the success of the AH self-sufficiency program, based on the core mission of elevating the standard of living for the poor. After many years of losing hope, this sister is now a business owner and successful entrepreneur. Allah say: "And He found you in need, and then made you rich." (93:8). Many similar cases have reached us, and after determining that the brother or sister is looking for opportunities to advance and change their situations, AH is paving the path for them to become self-sufficient.

MOROCCO: Mother in Distress

Monthly financial help is given to Lubna and her 17-year-old daughter Fatiha who has Down Syndrome. After Lubna's corrective eye surgery went wrong, and she was left blind. Shortly thereafter, her husband divorced her. He abandoned his responsibilities to support his sickly daughter. Even though Fatiha does not speak, she is emotionally intelligent, gentle, and kind. She is a delight for her blind mother. However, it is a delicate situation. Fatiha still wears diapers, and Lubna cannot work due to her blindness. Adding to this, the neighbors are annoyed with Fatiha's uncontrollable

screaming. Lubna is perpetually exhausted. Your Zakaah will continue to help relieve the stress of this family.

A few months ago, Lubna's old wooden apartment building had a termite infestation and the entire structure was crumbling. Mice infested their apartment and as a result, Lubna had to be hospitalized. The flooring was badly rotten and unstable. Alhamdulillah, AH was able to finance repairs to the flooring with new boards, and replaced the unsafe doors to establish a safe place for this family.



ORPHAN/ CHILD FUND (Content Warning)

Safi and Shafii are two young orphan brothers who live in the Cambodian countryside with their grandparents. When Safi was about 3 years old, his mother was killed by his father while she was breastfeeding his younger brother Shafii. As they have neither parent with them, their only immediate family members are their elderly

grandparents, who have no source of income. They depend on help in order to provide milk, food and daily care for both orphans. Alhamdulillah AH is fulfilling their basic needs. Their clothes are sewn by the students of AH Golden Needle Sewing School. In January 2019, we paid the tuition for Safi to start school. In Cambodia, teachers are under-paid and they only accept students who can afford to pay for classes, so AH prepared Safi for school with supplies and uniform. Alhamdulillah with your donations, they are given the opportunity to live a normal life.

ORPHANS AT DAILY QUR'AN MEMORIZATION CLASSES

These young orphan girls and boys are in Senegal expressing their gratitude on behalf of three orphanages. Each orphanage has 80, 52 and 50 children respectively. AH provides sacks of monthly groceries and other necessities. We hope to make their daily learning comfortable in a more conducive environment and to make their aspirations of becoming Hafiz of the Qur'an a blessed reality. **The Orphan Sponsorship program is one of our major undertakings in Gambia, Kenya, Senegal, Guyana, Burma, Haiti, Cambodia and Bangladesh.**



ORPHANAGE REBUILT AFTER DEVASTATING FIRE

In October 2018, Shaheed's Girls' Orphanage in Guyana was destroyed in a devastating fire. AH joined the effort in rebuilding and upgrading the facility. It now has the capacity to house thirty-five orphans. Although the building has been recently commissioned and opened for use, there is still a lot of work yet to be done. **AH committed its resources via your Zakaah to complete the unfinished work.** We appeal for your kindness and continuous support. Jazakumullah khair.

AN OVERWHELMING SUCCESS STORY

Meet Sister Aisha, a single parent of four children who AH met 10 years ago while they were living under harsh conditions in the bottom flat of her sister's unfinished house. After petitioning from the local Masjid, AH built a new house for her on a plot of land she had owned. Alhamdulillah, this brought immense joy to this family and gave them a new level of strength. After settling into their new home, her children excelled in school. Her daughter, now 23 years old, is in Medical School doing her residency and Insha Allah will be a doctor next year. Her three other children are pursuing careers in Islamic Studies and Qur'an memorization. Sister Aisha said she never gave up and made continuous Du'ah to Allah for everyone who made this possible for her and her family. Let us together continue to meet the housing needs for the poor in the countries that we serve. Because of your kind support, many other families have been able to see the reality to their dreams.

USA RELIEF “

As affluent as it is economically here in the USA, many people in our local community are deprived of their basic needs. AH has been focusing on this unfortunate predicament, and is increasing its local assistance extensively. Many of our brothers and sisters who are struggling to provide for themselves and their families find it difficult to pay their rent or buy basic daily necessities. Think of someone who is sick and cannot meet the co-payments for drugs, or buy a chicken and vegetables to prepare a soup dish. AH is actively seeking them out by referrals and reaching out to them. For example, a Syrian refugee family of 10 persons, including small children, trying to rebuild their life after losing everything from a devastating hurricane in Panama City in Florida. They had no relatives or close friends to help them, or a place to go. Knowing their situation, AH worked with them and Alhamdulillah, our Florida volunteers visited them and assessed the work we need to do to resettle them. They are now bouncing back because of your Zakaah donations. Their apartment is partially furnished, the children are back in school and the father is struggling with his day labor job to provide for his family. Let us make this struggle easier for him.

Many families here in the USA continue to receive monthly financial assistance; and others with specific financial needs such as rent assistance in emergency cases, medical expenses and domestic needs are being aided with your Zakaah.

AH is also focusing on extending our training and

*ALLAH
is The
Provider”*

self-sufficiency projects. These are life-changing opportunities and we hope that you can help us to fulfill this promise to many needy recipients here at home in the USA.

ALL ALONE!

Yusufzai, an eighty-six year old and sick AH recipient, who has absolutely no family in the USA, begs for lodging from a complete stranger. Over 12 years ago, we started to assist him. Since then he has continuously expressed his gratitude to us for rescuing him. He depends on the Monthly Financial assistance for food and shelter. Recently he was hospitalized and was being discharged but could not return to his place of lodging because the landlord demanded he pays a monthly rent. Eventually the hospital re-admitted him to save him from being homeless. AH contacted the landlord and negotiated the rental to a reasonable amount. Alhamdulillah, he can now return to his room. Please contribute to upkeep him hoping that together, we can keep him safe and worry free.



WATER & WELL FUND

Water Well in Progress in Guinea.
Your Zakaah is needed to complete this well.

Water is a crucial resource that many of us have the privilege of readily accessing. It may seem that this essential human need is globally available. However, **about 39 percent of the global population does not have basic drinking water facilities.** Water is both the crux of sustenance

and healthy community development in many agricultural and rural areas. In fact, many of the locations that AH constructs wells are in regions situated near masjids, schools, and other areas that can reach a larger amount of people.

In Guinea, AH is working with others to construct a large well costing US\$22,000, which will serve five different locations passing through multiple villages. These people were denied this basic need, until AH stepped in and spearheaded the collection to complete the well. Our Deep Tube wells and dug wells provide an improved means of drinking water that nourishes and aids health. Some of our locations include Cambodia, Bangladesh, Senegal, Kenya and Guinea. Soon we will start water well operations in Senegal. One of our main goals is distribution of water with tanks for displaced families and refugees in isolated areas. Providing water is a generous deed that is pleasing to Allah. Your Zakaah contributes to the water Relief program that brings ease to many grateful families.



Water Well Serving a Village in Bangladesh.

EDUCATION: THE FIRST STEP TO SUCCESS

Oh! How fulfilling it is to be taught and given the opportunity to succeed! The first revelation was on reading and knowledge, which therefore makes it an obligation to support the preservation of knowledge for all; poor or rich. Education remains a core function of AH operations. Both academic and Islamic education has been our priority. Students in Cambodia were funded to finish their college education. Blind students were recipients to our education funding in order to further their studies. Academic projects were funded in Africa, India, Bangladesh, Guyana, Gambia, Guinea, and other countries.



School Supplies Distribution.

Cambodia



In Guyana, everyday this young boy would be two hours late for school. His mother could not afford his bus fee. He would have to walk three miles in the hot sun. He was in awe when AH surprised him with this bicycle.

GOLDEN NEEDLE

AH's Golden Needle Sewing School in Cambodia is in its eleventh year and has amassed great accolades due to its success in providing training, jobs and opportunities for entrepreneurship. Many of the students have been afflicted by poverty and lost hope of having a better life. Our core mission for this sewing school is to provide self-sufficiency opportunities for the trainees. This school is now an agent that produces new seamstresses and tailors. The sewn products from this school are distributed to the poor and provide income for the students. Your kind donations will keep pedaling the sewing machine towards self-sufficiency.



QUR'AN SCHOOL FOR THE BLIND

Bangladesh: For many years AH has been arduously supporting this School for blind students enabling them to memorize the Holy Qur'an. These students include men, women and children. AH contributes to their well-being, monthly groceries, beddings and clothing. Thank you for your continued support.



HOUSING Guyana

Allah says: "Did I not find you an Orphan and gave you shelter." (93:6). Collaborating with you, our donors, Amanaa Hands' diligent volunteers have sought out the poor in housing predicaments, like the one pictured above. AH has provided for these families by either building a completely new house or renovating their old house. Since our inception, AH has built ninety-five new houses in Guyana, two in Gambia and one in Guinea.

We would like to say
"Jazakallah
Khiran"

("May Allah Reward you")

Umar bin Al-Khattab said: "If one of you knew what was in the phrase Jazakallahu Khairan (in terms of reward), then you would increase in saying it to each other."



DONATION FORM

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Comments: _____

CAMBODIA



AH has a monthly Hot Meals & Clothing Distribution program. Our volunteers seek out the children in remote villages and provide them with hot meals, clothing and money. Can you imagine the joy of these children when AH volunteers bring them these care packages? May Allah reward you for your support to make this a continuous source of happiness for these children.



Amaana Hands Inc.
P.O. Box 200285
South Ozone Park, New York 11420

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22
Years
Of Humanitarian Work
& Empowering Lives

Iftar: Donate to the Iftar fund (No specific cost)

Sadaqatul Fitr: \$10 per person (Distributed in grains)

Fidyah: \$10 per day (This is for those unable to fast due to illness or old age)



رمضان مبارك

Ramadan Mubarak

A 501 (c) (3) Non-Profit Organization • Tax ID # 11-3488344 • May-June 2019 Ramadan 1440
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