

AMAANA HANDS INC.



“A single act of **GIVING** frees us from the shackles of greed so that we can give **LOVE** and **EMPATHY** freely”



 Education

 Medical Aid

 Water Well Fund

 Monthly Grocery Hamper

 Skills Training/
Self-Sufficiency

 Aid to Women in
Domestic Violence

 Orphans

In the Name of Allah, Most Gracious, Most Merciful



Ramadan 2020

Dear Brothers & Sisters,

Assalamu 'Alaikum Wa Rahmatullahi Wa Barakatuhu
May the peace and blessings of Allah be with you

May each and every one of you and your families be safe at this trying time in our lives. Aameen. Alhamdulillah, it has been a year of new accomplishments as Amaana Hands was able to make connections to more people around the world. With humility and gratitude, I share with you the impact of your donations and how it changed the lives of so many people whose struggle for self-dependence has been at the forefront of our work. With your contributions, we have made great strides to rebuild lives, create opportunities for self-sufficiency, and improve the standards of living of many.

As you are aware, our mission is to support struggling individuals and families. Alhamdulillah, we were able to achieve this in many countries. From the shores of little Guyana to the continent of Africa, in places like Senegal, Togo, Gambia, and Guinea, to the disenfranchised in Palestine, refugees in Jordan, and destitute in Syria, Bangladesh, and Cambodia, we were able to rebuild the lives of many families. We provided opportunities for widows to learn life skills so that they can become less dependent on others. We supported families with infant children who need milk, medicine, and diapers, and toddlers with diseases, or who have special needs. We supplied blankets, and catered Iftar dinners to widows and orphans. In addition, we have continued our partnerships, for educational upliftment in academia, for children whose families cannot afford to pay for their education. Through the visits of local volunteers, we are able to provide a year's stipend to these families who depend on our donations to facilitate their daily sustenance. Every month, volunteers in these countries distribute your money to families who would otherwise

suffer extreme hardships for their daily provisions

In addition to our international work, we provide services for people here in the US. We support young women who are in abusive relationships, or who are experiencing socio-emotional crises. They are now in better positions to function daily, but they still need your caring hands. Furthermore, we are living in a time when many have lost their jobs and are suffering tremendous hardships from the loss of incomes due to the pandemic created by the coronavirus. Our work, therefore, has expanded to serve in multifaceted ways - pay rent, buy groceries, provide co-pays for medicines, assist in burial expenses, and offer moral support. As you can see, your donations go a long way, and none of this work would be possible without your kindness and kindred spirit.

At this time, I want to offer anticipatory thanks for your continued support to Amaana Hands. As you can see, our services are far-reaching and serve a plethora of purposes. For these reasons, I am imploring you once again, for your selfless support so that we can maintain this extensive work that your support has afforded us so far. May Allah grant you and yours continued good health and awareness as we experience this enormous test from Allah - the coronavirus. Please remember to practice safety and take care of those around you. May Allah give us healing in this time of pain, make us from among those who are grateful to Him, and soften our hearts to the plight of others, so that we may extend a helping hand. Aameen.

Yours sincerely,

Zeleena Hack
Executive Director (Volunteer)



OUR FOUNDATION IS TRUST

"Empowering the Poor and Needy with Dignity and Respect"



OUR MISSION

To provide support to struggling individuals and families so that they can sustain themselves, build assets and acquire self-sufficiency to improve their standard of living.



OUR VISION

We believe that your donations can create a brighter future for those who live in the wells of darkness. We hope that everyone who we encounter can experience life at its fullest as they work to reach their potential.

Our Blessed Journey

Alhamdulillah, due to the kind services of an AH Palestinian volunteer, residing in New York, AH is able to support families from Jordan and Palestine. Through the philanthropic efforts of this brother and his wife, monetary donations are being given (monthly) to about 15 Palestinian families living in Jordan who are experiencing difficulties to purchase basic supplies. Some mothers needed money for milk and diapers for their infants and toddlers, some had children with Down syndrome, some were recently widowed, and others had children with cancer or physical impairments. All of these things are costly and place a tremendous financial burden on families to provide for their children. One example of hardship is with a mother whose husband died in an accident and she needed money for uniforms and backpacks for her children. In the winter, this same mother went to the sister who was distributing the monthly stipends and asked for money to purchase oil for heaters so that she could provide heat for her mother-in-law and children. Our NY volunteers who were there at the time gave her money immediately and increased her stipend so that she could buy warm clothes for her daughters and have money to buy other needed items. Since there is no heat in the homes in Jordan, people need to buy electric or oil heaters.

In Palestine, more than 70 blankets were purchased to deliver in Gaza and to donate to Orphan families in Ramallah. There were two families where the fathers and husbands had died leaving several children between the ages of 6 and 13. Monthly donations for these families were left with a contact who ensures that the welfare of widows and families are taken care of. This humble brother also used the funds from AH to provide Iftaar for about 100 children in Ramallah and Gaza. In addition to these contributions, AH husband and wife volunteer team did Udhiyah/Qurbani in Jordan and ensured that all the people on the list for monthly stipends received meat for Eid-UI-Adha. Some families said that they had not eaten meat since the previous year when the couple was there and performed Qurbani for AH. On the day before Eid, our volunteers purchased flour, rice, soap, oil, tomato paste, lentil, salt, sugar, flour, and tea bags to distribute to 25 families. Alhamdulillah, the families were able to have a celebratory feast in recognition of one of our two Islamic holidays. May Allah accept the tireless work from AH volunteers and the altruistic contributions of all our donors. Aameen.



Delivering a winter blanket to a sick youth in Ramala



Your Zakaah gave the **Orphans in Palestine** the honor to shop for their own Eid clothing.



Orphans & Children in Gaza receiving winter blankets



Meet Fatima & Her Son Musa

Close your eyes and create this image:

The rain is pouring. In a small village far away in Cambodia, Fatima, and her son Musa can hear each drop hit the ground by their feet. They can feel the drops on their heads. They watch small puddles begin to form. They look up at the stark clouds as each drop continue to beat against their bodies, and flood their home. They leave. They take refuge in the neighbor's shed. Due to the incessant barrage of the rains, the roof of their shed gave way, leaving holes that remind them of their destitute living conditions. Every time it rains, they take shelter at the neighbors.

These are the conditions under which many widows live. Open your eyes. Open them and face the reality of the lives of others. Musa is 42 years old and requires constant care. He suffers from Autism Spectrum Disorder, a disease that was diagnosed at his birth. Musa's father passed away in a drowning accident. Like the holes in the roof, his death left a hole in the lives of a mother and her son. Musa strives daily playing with dirt and clay, using his tactile skills to entertain himself. Fatima, being the only living family member and caregiver for her son, does menial chores for neighbors when she can. She suffers from chronic arthritis, rendering her unable to partake in any meaningful work that would provide a basic meal for them. This means that both mother and son often go to bed on an empty stomach. Alhamdulillah, your Zakaah provides this family, and many others in similar crises, with a Monthly Grocery Hamper.

Abdullah Ibn Amr reported: A man asked the Prophet (SAS), "Which Islam is best?" He replied, "To feed the hungry and to greet with peace those you know and those you do not know." May Allah reward you bountifully for your compassion, and may you be included in those whose "Islam is best."

Paying it Forward

One Good Deed Deserves Another

Assalamu Alaikum Brothers and Sisters,

A few years ago, I had a huge setback in my life and was in desperate need of help for myself and my two children. When I had no help and no hope, I was referred by a well-wisher to Amaana Hands. Alhamdulillah AH came to my rescue and sent me the much needed help. They were very kind and considerate to me and continued to support me until my financial situation recovered.

During this perilous time, I realized what AH did to lift me out of my difficulties. They not only gave me the help, but the Sisters gave great moral support and never treated me as a burden. They were very encouraging to me, just as the teachings of Islam expect us to be to each other. Money is not the only thing one needs to heal from. AH always lifted my spirits with kind words and inspired me to move forward. I am so overwhelmed by what AH did for me, that now I have incorporated the same values of helping in my life. I have devoted my life to be of help based on the impact the sisters of AH made on me. My prayers will always be with the donors of AH. May Allah reward all of you abundantly in this world and the hereafter.

AH is not only about sending help to people far away and reaching out to the whole world while ignoring their neighbors and people who live right here in America. They give help to people who have no one to help them and they search for the people who are close before they look beyond. AH is not about impressing people, they are about pleasing & serving Allah. We need charitable organizations like this to fulfill the Sunnah of giving help to the underprivileged.

Sincerely Thankful
Your Sister - FL, USA

This single parent, mother of two children is grateful to receive the Monthly Grocery Hamper. Jazakumullah Khair



Living conditions of Grocery Hamper Recipients

Monthly Grocery Hamper

The Monthly Grocery Hamper program is one of our prime investments in Guyana, Cambodia and at five Orphanages in Senegal. In Guyana, most of the recipients are single parent families, the elderly, the sick and the laid off sugar plantation laborers. In Cambodia, most of AH Grocery Hamper recipients have no source of income. The elderly population are sick or disabled. For example, an 80 year old, who has early stages of Dementia. She collects rubbish daily in exchange for meals and was sleeping alongside a lonely creek. Alhamdulillah, a generous family picked her up and allowed her to sleep and dwell under their house. AH Grocery Hamper is her only source of food.



AH volunteer in Senegal was walking in the street when he noticed a man rolling over and over on the ground towards the hospital. This is because his legs are disabled. So he moves from place to place by rolling. AH visited with him and family at his home. They are now recipients of the Monthly Grocery Hamper. This is the nature of how AH operates; AH volunteers seek out the ones who are in dire need.



Education

Hafizh Abu Bakr

Abu Bakr is an orphan at one of the five Orphanages in Senegal that AH cares for monthly. Qur'an memorization is a significant subject for their daily schooling conducted at the Orphanage. We are excited to share with you that a few months ago Abu Bakr has completed memorizing the Quran. The teachers recognized that he is an incredibly intelligent nine year old. **He is now studying Fiqh and Arabic.** This is such a satisfying feeling knowing that your support contributed to Abu Bakr's achievement. Insha Allah you will continue to do so not only for him but also his peers at the five Orphanages.

AH funded the meals at this Summer School Program in Guyana



In Cambodia, AH surprised the Madrassa students with gift packages of new clothing and books. AH pays Madrassa Teachers' salaries.



Before



Housing

In Guyana, a young couple with three children were living in this 12 x 15 zinc shack. The husband had no steady income. He sells incense alongside the streets. His profit was just sufficient to provide food for his family. Alhamdulillah, the local Masjid raised some funds to help him to start building a house for his family. However, he had no other means of financial help to complete the construction, so the house was left unfinished for a few years. This growing family was in despondency as they had no avenue to obtain the building materials to finish their house. Alhamdulillah, due to your generosity and care AH stepped forward and completed the construction. Subhanallah, your Zakaah has impacted and transformed the lives of this family. We have other needy families in similar distressing situations who are struggling to finish basic construction, flooring, plumbing and windows. When you continue to give, we can continue to uplift the standard of living for families who desperately need our helping hands.



After

*With Allah's
Rahmah (Mercy)*

Medical Aid



Visiting the sick and delivering supply of diapers.



Living in poverty and being stricken with illness can be devastating and leading to more distress. The poor has to wait months before they can be seen by a doctor. In the meanwhile, the illness worsens. AH screens all the medical request with doctors' verifications. In Guyana, AH pays for dialysis treatments, medications and eye glasses. We have a supply of walkers, wheel chairs and crutches ready to distribute when needed. We established a Monthly Diaper Project for the elderly, disabled and accident victims. The diapers are donated and shipped from New York. In Senegal, Bangladesh and Morocco AH paid for minor surgeries and medications. For example, in Morocco, AH takes care of a single parent mother who is blind with an autistic daughter. In USA, AH pays the copayments for medications and other minor health related expenses.

Micro Economic

"And He found you in need and then made you need-free" (93:8) AH Micro Economic Project aims to elevate from despair into self-sufficiency by giving the less fortunate the opportunity to become financially independent. We provide the tools and finances to enable them to achieve their entrepreneurial goals.



In Guyana AH purchased these sheep for an unemployed brother to start his own business.



Skill Training Golden Needle Sewing School

AH Golden Needle Sewing School is in its twelfth year in Cambodia. This is one of AH grass root initiative to help train men and women with professional sewing skills that will qualify them to pursue a career in the garment industry. Alhamdulillah many of the graduates moved on to opportunities for entrepreneurship and jobs with respectful salaries.



Hardship Necessitates Increased Sadaqah (Giving)

Giving for the sake of Allah is what has always made the Muslims special and unique. In these times of difficulties and hardships, it has now become even more important to give. This is the moment to demonstrate our values of helping others and sharing from our wealth. It is not the moment to become scared and to hold back, thinking that we may not have enough for our own needs. This is Shaitaan's (devil) trap. **The opposite is true.** Those who give for the sake of Allah will never be without His sustenance. We must understand that everything we have is due to Allah's Mercy and Grace. Often, people believe that their wealth came from their intelligence and hard work but this is far from the truth. Let us take a look at what is going on now in the world, who do we depend on for mercy? Who do we turn to for help? How insignificant is all of mankind, at this time, when we are pooling all our resources together, yet cannot find a cure for this pandemic? This is the time to acknowledge that we are nothing without Allah's mercy and favors, and it is from Him that we have all that we have. Let us not turn our backs on our brothers and sisters at a time when they need us the most.

This Ramadan more than ever we must reach deeper into our pockets to help others. We must remind ourselves of the following:

1. Those who give will find ease in their affairs. Allah tells us that "whoever gives and has taqwa (God-consciousness), and faith in the power of goodness, Allah will facilitate his or her path to ease (Sura Layl, 5-7).
2. Allah will give us a return for our good deed. In Hadith Qudsee, the Prophet (SAS) said, "Allah said: Spend (in charity) O Son of Adam and I (Allah) will spend on you."
3. Giving is the path towards righteousness. Allah says "you will never attain righteousness until you spend out of that which you love best" (Sura Al Imran, 92).
4. Allah rewards giving with 700 times and more (Sura Baqarah, 261). 5. Your money will not become less. In a Hadith, Abu Huraira narrated - "Maa naqasa maaloo abdan min sadaqah." One's money does not decrease from giving charity. You do not lose

anything; you are giving for the sake of Allah.

In addition, your giving helps someone in the world who will pray for your salvation. It also frees you from stinginess and greed. Umar (RA) donated half of his wealth while Abu Bakr (RA) gave all of his, although the Prophet (SAS) cautioned him to hold some back for his immediate family. These are examples of the believers. When will we reach this stage of taqwa? The Prophet (SAS) said, "Assadaqatu burhaan," which means giving Sadaqah (charity) is proof of faith.

So, join with us this Ramadan and make a special effort to increase our giving so that Allah will make us and our families, to be one of the seven special groups of people who will be under His shade when there will be no other shade.



Orphans



Alhamdulillah with your Zakaah, AH provides food, clothing and education for Orphans in Guyana, Cambodia, Bangladesh, Senegal, Burma, Haiti, Morocco and Kenya. Sponsor an Orphan/Child for \$30. Per month.

Caring Monthly For Five Orphanages in Senegal

In July 2019, AH Senegal Project Manager in New York visited the Orphanages in Senegal. AH utilized this opportunity to purchase beds, refrigerator, clothing, and educational materials for the four orphanages we were assisting at that time. The word went around in the villages that an AH representative was in Senegal so our volunteer was asked to visit the orphanage, Daara Kaaba. Sad to say, it was in a deplorable condition. AH could not have walked away without committing to help these orphans. As of last July, AH has begun to provide assistance to this fifth Orphanage. This orphanage can be credited for the Da'wah and education that they are providing for these children. The children abide by a stringent discipline schedule despite their deplorable, cramped living conditions. Every day, after Fajr and Maghrib, the voices of seventy boys fill the air as they practice reciting and memorizing the Quran. Orphans in all five Orphanages have daily classes in French, Quran and Hadith. AH relies on your support to continue giving monthly upkeep for these orphans and their homes in the orphanages.



We would like to say

“Jazakallah Khiran”

(“May Allah Reward you”)

Umar bin Al-Khattab said: “If one of you knew what was in the phrase Jazakallahu Khairan (in terms of reward), then you would increase in saying it to each other.”



DONATION FORM

P. O. Box 200285 South Ozone Park, New York 11420 • Telephone 929-405-0188

Name _____

Address _____ City _____ State _____ Zip _____

E-mail _____ Tel _____

For your convenience, how would you like your receipt to be sent? { } Email { } Mail

Zakaah \$ _____

Iftar \$ _____ Sadaqatul Fitr \$ _____ Fidyah \$ _____

{ } Please use my donations where best needed

Comments: _____

You can also donate Direct to Bank: Zelle – (you pay no fees)

Email: info@amaanahands.org Or at AH website: www.amaanahands.org



Water & Well

AH recently constructed wells in Togo, Guinea & Bangladesh. These wells are serving schools, Masjids and villages. Many who used to walk miles for a bucket of water, can now have access to clean safe water. The water is also used for crops and livestock. In Gaza, AH purchased tanks of water and paid for water refills for Palestinian refugees. The benefit of giving water is a continuous reward from Allah.





Amaana Hands Inc.
 P.O. Box 200285
 South Ozone Park, New York 11420
 Address Service Requested

Non-Profit
 US Postage Paid
 Jamaica, NY
 Permit No. 358

Iftar:

Donate to the Iftar fund (No specific cost)

Sadaqatul Fitr:

\$10 per person
 (Distributed in grains)

Fidyah:

\$10 per day (This is for those unable to fast due to illness or old age)



23 Years
 Of Humanitarian Work & Empowering Lives

A 501 (c) (3) Non-Profit Organization • Tax ID # 11-3488344 • April-May 2020 Ramadan 1441
 PO Box 200285 South Ozone Park, NY 11420 • Email info@amaanahands.org
 Tel 929.405.0188 • www.amaanahands.org

