



AMAANA HANDS INC.

25 yrs
*in Service
to Humanity*



EDUCATION



MEDICAL AID



WATER WELL
FUND



MONTHLY GROCERY
HAMPER



SKILLS TRAINING
SELF-SUFFICIENCY



AID TO WOMEN IN
DOMESTIC VIOLENCE



ORPHANS



MEETING THE NEEDS OF HUMANITY THROUGH KINDNESS AND COMPASSION DRIVEN BY FAITH

In the Name of Allah, Most Gracious, Most Merciful

25 Blessed Years!

April 2022 - Ramadan 1443

Dear Brothers & Sisters,

Assalamu 'Alaikum Warahmatullah Wabarakatuh
May the peace and blessings of Allah be with you

Dreams! Collaboration! Action! Results!

With your blessed partnership, Amaana Hands (AH) has reached an apex of outstanding relief work on behalf of the poor; our most cherished beneficiaries. Not once have we taken our eyes off of our goal to empower and dignify their lives. You put your trust in us and the recipients rely upon us. For 25 years, we have never failed to deliver. Insha Allah we will continue to work relentlessly to fulfill our goal to meet the needs of the poor through kindness and compassion driven by faith. May Allah accept from all of us.

This wonderful milestone of 25 years has produced tangible and intangible results for poor and under-resourced people both locally and abroad. We humbly extend our gratitude to you for anchoring and supporting our ongoing journey to help the less fortunate. On behalf of the recipients both near and far throughout the world, we are truly grateful and in awe of the continued trust you placed in us. Our relationship is a pure bond over our shared obedience to Allah and His commands to look after those in need of care and generosity.

In the past 25 years, we have supported individuals and families towards self-sufficiency. Since our inception, this has been our core value that is foundational to the initiation of all projects. AH has created opportunities in its Skills Training, Education, and Housing Projects. Orphans remain deeply rooted in our hearts as we provide for their needs just as we would for our own children. The Monthly Grocery Hampers and Financial Assistance remain a critical lifeline for many, SubhanAllah. We reached new shores in Morocco, Togo, Sudan and Yemen. AH Water & Well projects provide a source of pure water for thousands of recipients in remote villages. Medical Aid is one of the urgent requests we receive consistently and we have been blessed to use your donations to support the health of many.

Thank you for all of the love and care you share for our deserving brothers and sisters around the world. These accomplishments are guided by Allah's will and I am confident that you will be motivated and inspired to be even more generous in your donations.

I pray we continue this journey together to remove distress and bring ease to so many around the world. I give my heartfelt gratitude and Du'a to you and to your family unto eternity. Aameen.

Zeleena Hack
Executive Director (Volunteer)



OUR MISSION

To provide support to struggling individuals and families so that they can sustain themselves, build assets and acquire self-sufficiency to improve their standard of living.



OUR FOUNDATION IS TRUST

"Empowering the Poor and Needy with Dignity and Respect"



OUR VISION

We believe that your donations can create a brighter future for those who live in the wells of darkness. We hope that everyone who we encounter can experience life at its fullest as they work to reach their potential.

رَبِّ إِنِّي لِمَا أَنْزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ

MY LORD, I AM IN NEED OF WHATEVER GOOD YOU SEND DOWN TO ME.

SURAH AL-DASAS | AYAH 24

MONTHLY GROCERY HAMPER



BANGLADESH



CAMBODIA

Now, more than ever, our brothers and sisters around the world earnestly need us. At present, the World Food Program has reported food insecurity levels are alarmingly high and that humanitarian assistance has been paramount to alleviate malnourishment. AH Monthly Grocery Hamper Program operates in **Bangladesh, Cambodia, Guyana, Morocco, & Yemen.** This is possible because of your kindness toward children in the midst of conflict who go to sleep with pangs of hunger and mothers who starve themselves in order to feed their children. It is your compassion that feeds the elderly man with a disability and grandparents who take care of their grandchildren. While the pandemic has circumstantially

changed the nature of how we distribute, it did not interfere with the quality of our services. Recipients of this project are the sick, elderly and needy families in the countries we serve. This includes 40 individuals with mental and physical disabilities in Bangladesh. Our food hampers are able to reach extremely impoverished villages where they are needed most. In Yemen, we are able to serve two locations in the Taiz & Mocah regions. Our work contributes to stabilizing food insecurity levels in the thick of intersecting crises. Alhamdulillah, it is your support that drives our resources to fulfill the needs of many deserving poor.



YEMEN



CAMBODIA



MEDICAL AID

AH pays for weekly physical therapy for children with disabilities in the Moroccan countryside.



This young boy is all smiles as he takes his first step with his new customized walker.



Your Zakaah afforded this elderly brother to have a customized prosthetic leg.



GUYANA

In a remote village of Guyana, this elderly woman was presented with a wheelchair.

Medicinal needs for many people are ever-changing, and the AH Medical Program assists a variety of recipients with their circumstances. This ranges from medication and prosthetics, to surgeries and medical equipment like wheelchairs, and more. Your donations expand our capacity to offer medical subsidies that relieve those who are unable to attain sufficient health care.

Below are only a few highlights of Amaana Hands' instrumental work:

- Thyroid surgery for a brother in Yemen
- Eye surgery and new eye glasses for a 13 year old girl in Yemen
- Cancer treatment for cancer patients in numerous countries
- Weekly Physical Therapy for children with disabilities administered by a doctor and assistants in Morocco
- Hearing aids, medication and other medical devices
- Monthly injections & medication for a young lady in Guyana who suffered a stroke due to blood clot in her brain
- Purchased wheelchairs and electric scooters for the disabled
- Diaper Distribution to the sick and elderly in Guyana
- Monthly support for parents of children with Down Syndrome and other special needs in Jordan
- Appendix & cataract eye surgery subsidies

AH Volunteer noticed this old man struggling to walk using a plastic chair for his support. He was happily surprised when our volunteer gave him this new walker.



GUYANA

SKILLS TRAINING/ SELF - SUFFICIENCY



While the turbulence brought upon by the COVID-19 pandemic has been challenging, AH is doing its best to support economic prosperity and sustainability across the globe. Many families and individuals have seen their incomes dissipate. Our skills training/self-sufficiency programs are designed to empower individual agency and boost community well-being.



VOCATIONAL CRAFTS SCHOOL

In Bangladesh, we have recently established a vocational school for women and girls to create handcraft products from materials that are sourced locally. Located in the countryside, the school's training is focused on weaving handbags, baskets, and sandals as well as on making pottery/artisan decor. After the students complete their products, they help stimulate their local economy while earning an income by selling their handiwork to other locals. In this way, this keeps money circulating within their own community, so these women and girls are forces of broader positive change.

GOLDEN NEEDLE SCHOOL

The Golden Needle School in Cambodia is one of our key endeavors as it trains women and girls as seamstresses and tailors. These women and girls develop professional, practical skills to stabilize themselves in the workforce. They acquire the preparation necessary, alongside each other, to become family breadwinners, sole providers, and more. Women and girls constitute the majority of Cambodia's garment industry, so students of the Golden Needle School are well equipped to start their own businesses. From our last graduating class, most of the students migrated to Malaysia for higher paying jobs.



Prayer attire made by Golden Needle school students & distributed to the needy in the villages!



MY HEARTFELT GRATITUDE

My name is Abiy. I am an Ethiopian medical student in Guyana at Georgetown American University. Insha Allah, I will be graduating this year. I have been struggling with my tuition fees ever since my sponsor died in 2018. I thank Allah for Amaana Hands coming to my aid at the time when I was stranded. I am finally able to complete my studies and soon I will be a medical doctor. I am so grateful that Amaana Hands was here for me in my time of need.



Education is not only a path to a bright future, but it is a source of fulfillment that provides structure for children, teens, and young adults. Unfortunately, education is also costly which becomes a barrier to the pursuit of intellectual and spiritual knowledge. Economic uncertainty additionally impacts children, especially girls, even further. For this, AH takes special care to invest in the minds of students who fervently want to realize their dreams.

- In **Guyana**, a young teenage girl who was a survivor of incest was prevented from furthering her education. The Social Welfare Officer brought her crisis to our attention. After she gave birth, AH provided her with funds to restart school. She is now in a safe place and her baby was adopted by a caring family. With your support, AH will continue to take care of her needs and others in crisis.

- In the **USA**, one young woman was unemployed but wanted to pursue a security training program, which AH funded. After two years, she progressed steadily and was recently promoted to manager with a prestigious company.



Students in Bangladesh receive blankets to warm themselves while they study in the cold.



QUR'AN SCHOOL FOR THE BLIND

AH subsidizes the day-to-day operations, including teacher stipends and educational supplies, for the Qur'an School for the Blind in Khlana District, Bangladesh. 40 students reside and learn Qur'an lessons, while approximately 20 students are enrolled in the Hafiz program.



Students memorizing Qur'an.



In Guyana, this brother and sister were excited to receive their eye glasses and new textbooks. Their mother expressed her gratitude. She said that for years they suffered with poor eyesight and there was no way she could have afforded the eye glasses. Thanks to you for allowing them to see clearly.



SCHOOL LUNCHES FOR SPECIAL NEEDS CHILDREN

Our current undertaking in Yemen reflects our commitment to the educational needs of vulnerable children. When a school with 323 students with special needs was abruptly disrupted by a superintendent who withdrew funding for the school's food program, AH took on the responsibility of the school lunch, as well as other areas of need. By providing \$2000 per month, food, sanitary needs, and teacher subsidies are all maintained, thereby sustaining students' primary needs, emotional well-being, and ensuring educators' ability to teach. Through this meager contribution from AH, the lives of many are positively impacted, and this unique group of students who need extra care and attention can focus on their educational growth.





ORPHAN & CHILD SPONSORSHIP



All children, regardless of their circumstances, are worthy of our respect, empathy, and care. The Orphan/Child Sponsorship Program connects our privileged hearts to the hearts of underprivileged children, many of whom have been orphaned due to conflict, neglect and parental illness. Apart from our monthly sponsorship program, in Guyana, we have recently purchased umbrellas, rain coats, and rain boots in addition to food and clothing. Your donations allow us to demonstrate to these orphans that they matter and they are worthy of love and care. This helps to boost their self-esteem and confidence to succeed. Our sponsorship of \$30 per child/month is a life jacket for the orphans. Please note: the Sponsorship Program in Togo, Africa is \$60 per child/month. This entirely covers food, clothes, medical care, tuition, books and housing.



Orphans receiving their monthly assistance in Yemen.

In Guyana, orphans enjoy the gifts of chocolates and cookies.



HOMELESSNESS

Serving the underprivileged in Houston, Texas

Beyond housing, we also take care of those in the USA who struggle with **no shelter** at all. Our volunteers provide them with basic needs such as toiletries and food. Amaana Hands partners with Muslims Giving Back to distribute care packages which include hot chicken peas soup.





Before: A dilapidated residence in Bangladesh.



Durable tents for the homeless in Sudan



After: A secure residence in progress!

HOUSING/SHELTER IIIIII

AH understands the urgency and value of housing and shelter. It is particularly distressing to become stranded as a consequence of factors one cannot control such as family conflict, sudden unemployment, or dispossession. Many poor families and individuals find themselves with no roof above their heads and no place to call home, which also exposes them to the elements. This past year, we have constructed and renovated shelters in Bangladesh and Cambodia. In Sudan, AH purchases 25 durable tents for the homeless at the cost of \$275 each. We are also constructing two and three bedroom houses in Sudan at the cost of \$3,000 each. Our plan is to build as many houses as possible with your donations, especially as we are expanding our capacity to fund housing constructions and renovation in remote villages.



An entire wudu facility was constructed at this Masjid in Bangladesh.



AH assembled a team of university students and volunteers to construct a new house for a family with a young girl that lives in a secluded Cambodian village. Their previous shelter was in severe shambles. For example, when it rained their roof made of tree branches would leak profusely. From the time they lived in this location, they additionally had no water supply. AH constructed a well nearby in their village.

HOT MEALS SERVED

Throughout the year donors request Sadaqah to be done on their behalf. Our volunteers prepared this feast that was served to a large gathering in Yemen.



UDHIYAH/ QURBANI 2021

Done in over 15 countries globally.

اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا
"O ALLAH, PLACE LIGHT IN MY HEART"



RAMADAN FOOD BASKETS & IFTAR 2021



EID CELEBRATION



DONATION FORM

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For your convenience, how would you like your receipt to be sent? { } Email { } Mail

Zakaah \$ _____

Iftar \$ _____ Sadaqatul Fitr \$ _____ Fidyah \$ _____

{ } Please use my donations where best needed

Comments: _____

Zelle to email info@amaanahands.org (Do not use tel #) Please include your name & address in the memo.
Online at www.amaanahands.org Or by mailing to PO Box 200285 South Ozone Park, NY 11420

We would like to say

"Jazakumullah Khairan"



إِنَّ اللَّهَ يَجْزِي
الْمُتَصَدِّقِينَ



... Indeed, Allah rewards
the charitable.

(Surah Yusuf - 12:88)

WATER & WELL FUND



BANGLADESH



CAMBODIA

In many cultures, women and girls are the majority demographic performing the task of going in search of water. Mothers are forced to leave their young children all alone at home, unsecured and hungry. Having to wake up before sunrise and walk miles daily to fetch pails of water on their heads with both hands, this walk is standard for innumerable people around the world. This is the reality of the people that need your Zakaah. AH's comprehensive approach of providing water, sanitation and hygiene has a profound impact on the recipients. Our primary focus is on large wells that benefit communities. In Africa, Morocco, Bangladesh & Cambodia AH supported the construction of wells that cost \$15,000- \$30,000. Your contribution to the Water & Well Fund will impact lives with developmental progress.



Amaana Hands Inc.

P.O. Box 200285
South Ozone Park, New York 11420

Address Service Requested

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US Postage Paid
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SADAQATUL FITR:

\$10 per person
(Distributed in grains)

FIDYAH:

\$10 per day (This is for
those unable to fast due to
illness or old age)

IFTAR:

Donate to the Iftar fund
(No specific cost)

THANK YOU



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PO Box 200285 South Ozone Park, NY 11420 • Email info@amaanahands.org
Tel 929.405.0188 • www.amaanahands.org

