



Meeting the Needs

*of Humanity with Kindness and
Compassion Driven By Faith*



In the Name of Allah, Most Gracious, Most Merciful

March 2025 Ramadan 1446

Assalamu 'Alaikum Warahmatullah Wa Barakatuh

May the peace, mercy, and blessings be upon you and your family. Ramadan Mubarak!

Alhamdulillah, it is an honor to report to you for the 28th year of our charitable work which has been indicative of your generosity. As many of us observe Ramadan, we strive to practice compassion and empathy with our brothers and sisters who are without necessities. Your support is aiding and enhancing the lives of indigent people suffering around the world. At AH, we are pleased to act as a vital bridge between you, our generous donors, and those who need it most. In all of the countries that we are working in, our trained volunteers seek the most vulnerable to receive your Zakaah. Our focus is to stay committed to our primary goal – providing relief to the people suffering in silence and in disaster, the oppressed, the

sick, the orphans, and single parents amongst others in need. Our relief efforts emphasize empowering recipients to take ownership of their futures in a sustainable and long-lasting way. You will read about Yassine who lost his street vending business and was able to recover when AH helped him to restart successfully.

I implore you to read and discover the fruits of your blessed giving and the paths it has paved for those who never dreamt of such outcomes. The stories in this magazine are just **a mild essence of the vast work being done.** While the stories are heartbreaking, they demonstrate the incredible influence you directly have on creating opportunities for growth. For instance, the paralyzed mother who received an electric scooter has been able to become self-reliant and reclaim her independence.

On behalf of AH and its team of volunteers, I extend our gratitude to you and families. **Giving generously is an amazing feeling of being drawn closer to Allah.** May Allah accept from you. Your unwavering support shines like stars in the darkest night, spreading hope and solidifying bountiful futures.

Respectfully,

Zeleena Hack
Executive Director (Volunteer)



“ And provide for them from sources they could never imagine. And whoever puts their trust in Allah, then He alone is sufficient for them. Certainly Allah achieves His Will. Allah has already set a destiny for everything. ”

Qur'an 65:3

The Reliable Delivery that we depend on every month!

Your Zakaah will guarantee their
future deliveries.



OUR MISSION

To provide support to struggling individuals and families so that they can sustain themselves, build assets and acquire self-sufficiency to improve their standard of living.

OUR FOUNDATION IS TRUST

"Empowering the Poor and Needy
with Dignity and Respect"

OUR VISION

We believe that your donations can create a brighter future for those who live in the wells of darkness. We hope that everyone who we encounter can experience life at its fullest as they work to reach their potential.



Monthly Grocery Hamper

One of our most impactful initiatives is the Food Security Program, which provides essential grocery hampers to some of the most vulnerable communities around the world, including Guyana, Cambodia, Ghana, Bangladesh, and Pakistan. Many of the families we support face overwhelming challenges - single parents, often with ill or deceased breadwinners, struggle to feed their children due to financial hardship. Our culturally specific hampers are tailored to meet the needs of each community. Food is more than just sustenance - it is a symbol of community care and compassion. Alhamdulillah, we are deeply grateful that our donors understand the profound impact of this program, not only in terms of tangible support but also the hope and connection it brings. With your continued generosity, we will be able to bring relief to those enduring hardship and provide essential nourishment to the most vulnerable.

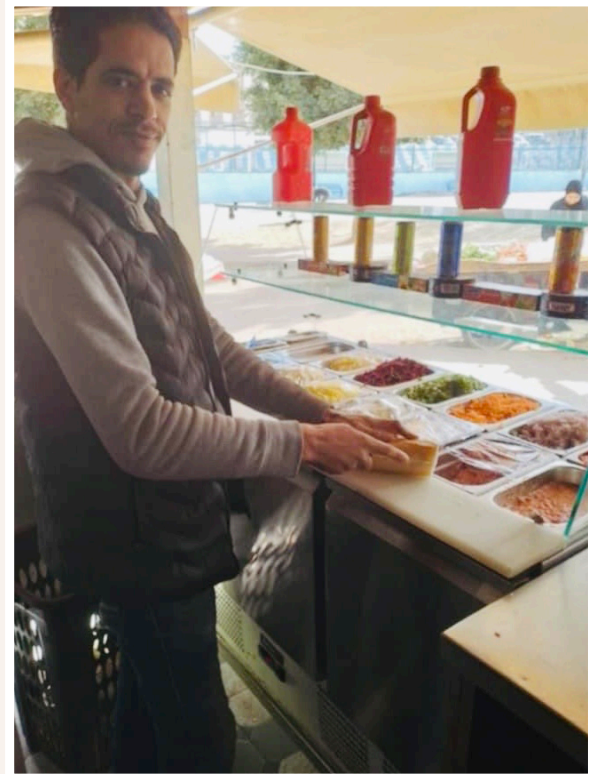
From Setback to Success:

“You’re always in my Du’a”

Yassine, a dedicated street vendor in Tangier, relied on his mobile sandwich cart to support his wife and children. When authorities shut it down due to sanitary concerns, Yassine lost his income, and his family was forced to move in with relatives. Left without options, Yassine slept at a friend’s café while struggling to find a way forward.

When his friend offered space to restart his business, Yassine had no funds for the necessary equipment. That’s when AH stepped in. **With your support, we provided a fridge, storage equipment, and paid his overdue rent. Yassine was able to reopen his business, attracting more customers and earning a stable income—now even greater than before.**

Your generosity didn’t just restore Yassine’s business; it renewed his hope, reunited his family, and secured a brighter future for them. Thank you for making this transformation possible.



From Little in Sight to an Accomplished Vision

Ghizlan’s life has been defined by resilience. After losing one eye in an accident, she fought to maintain her remaining vision while caring for her elderly parents, who have since passed. Struggling financially, she moved in with her brother’s family, but the burden of uncertainty was overwhelming. In her desperation, Ghizlan turned to AH.

Thanks to your support, Ghizlan received a monthly

stipend, which she used to work towards financial independence. Over the years, she saved enough to purchase land and build a small rental unit. Today, her rental income supports her future plans, including building a second unit where she can live independently. **Your generosity has empowered Ghizlan to reclaim control over her life, and your continued support helps her move closer to her dreams.** Thank you for being part of her journey.



Sewing the Seeds of Provisions & Gains

The students at AH Golden Needle school in Cambodia are achieving the goals of our sewing program. Their work performance is glowing with high standards. After the students complete the sewing program, they move onto professional careers in the garment industry locally and overseas. **We are pleased to present to you the boys (in the photo) on the magazine cover, who are donning the garments sewn by the students.**



CRAFTS/VOCATIONAL TRAINING

Laying the Foundation to Self- Sustainability

AH Craft Training School celebrates its 8th year of empowering women. In 2024, students spent months crafting products for an expo in Dhaka where they learned essential social and economic skills to present and sell their products. The booth was a highlight, drawing enthusiastic customers and supporting women's employment. This experience boosted their confidence and connected them with entrepreneurs. A portion of the profits was reinvested into the school's daily operations, ensuring continued growth and success.



Knowledge & Training The Key Tools For a Way Out

In impoverished communities, many women dream of financial independence but face overwhelming barriers. In Fes, a local women's center offers job training in sewing, cooking, and hairdressing. However, the requirement to provide their own tools became a hurdle for two young women, forcing them to drop out. Thanks

to your generous support, they have rejoined the hairdressing program with the tools they need to succeed. This investment in their future is more than charity - it's empowering women to achieve self-sustainability and independence. With your help, we can ensure no woman has to give up her dreams because of poverty.



MOROCCO

Education

Schools and educational activities are often sanctuaries for children and young adults where they can socialize, expand their perspectives, and pursue interests that bring them joy. The AH Educational Program is guided by the importance of knowledge-seeking. Indeed, the first ayah (verse) revealed to our beloved Prophet SAW was, "Read! In the name of your Lord who created." (Quran 96:1) For students, it is especially important for them to have stable and nourishing educational environments so that they can pursue knowledge. AH has helped children thrive by purchasing educational materials, providing hot school lunches, and supporting special needs programs. AH also subsidizes tuition fees and tutoring for students whose parents cannot afford their schooling. Children are the future and they look forward to the meals, therapeutic items, and educational supplies. **Your donations are crucial for the well-being of students to grow intellectually and aspire to greater ambitions.**



EGYPT

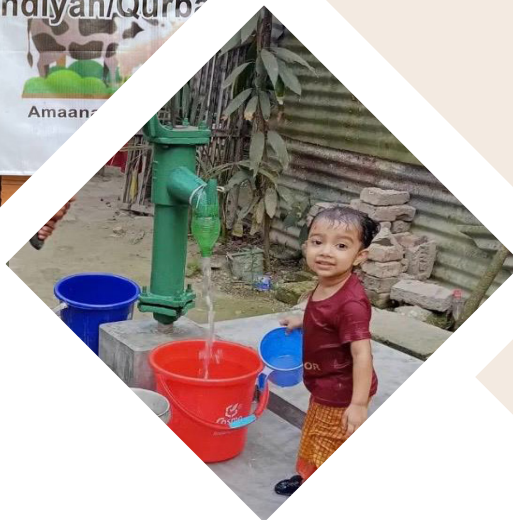


EGYPT



BANGLADESH

Receiving from you! *All with Genuine Happiness*





A Mother's Strength: Restoring Mobility & Hope

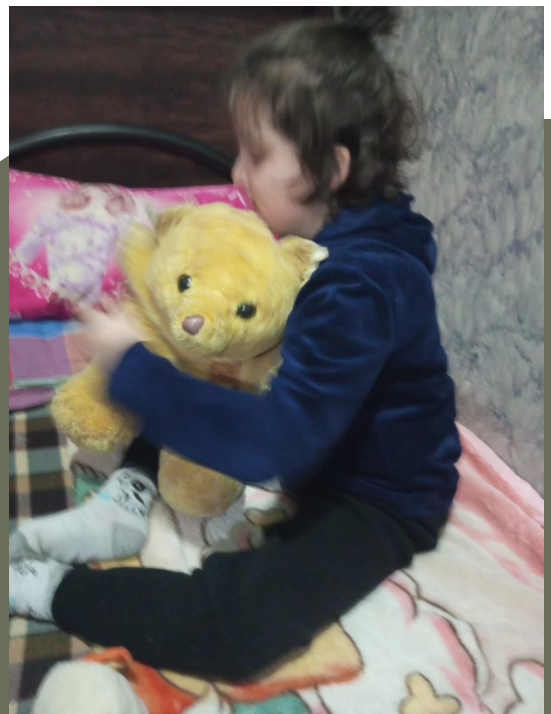
Motherhood is a journey of unconditional love and sacrifice, but for one young mother of two the road became unexpectedly painful. After giving birth, she became paralyzed in her legs. Adding to her tests and trials, her husband abandoned her and their children. She was left to crawl to move around the home. Caring for her children, preparing meals, and managing the household became impossible.

She tried to use a traditional wheelchair, but wheeling herself around was too exhausting and painful due to polio. Determined to regain her independence and care for her children, she bravely reached out to AH with a humble request for a motorized scooter. She longed for the ability to move with her children and attend her doctor's appointments. Since AH purchased the motorized scooter, she moves independently, takes full care of her children, and embraces the dignity that every mother deserves. Your support didn't just provide mobility—it restored hope, strength, and the ability for a mother to care for her children with confidence and dignity. **This sister has kindly requested to keep her in your du'a as her polio has begun to reach her hands.** May Allah grant her healing, Aameen.

Firdaouss: A Story of Resilience and Hope

Firdaouss is a ten year old with severe autism, muscle weakness on her right side, deafness, and myopia. Her mother, a pillar of strength, has dedicated herself entirely to Firdaouss' care, making it impossible to work and provide for the family's basic needs—let alone the critical medical treatments Firdaouss desperately requires. With limited financial means, Firdaouss' mother was unable to access medications and keep vital doctor's appointments. For Firdaouss, the consequences were disastrous: her condition declined rapidly, leading to extreme anxiety, depression, and muscle atrophy (deterioration).

An AH volunteer brought Firdaouss' case to AH attention, and through your compassionate support, Firdaouss' medical care resumed. With proper medication and therapy, she no longer needs to be restrained for her safety. Her self-harming behaviors have stopped and she is happy to be walking again. However, walking remains a challenge as her muscles are weak. Your support of the AH Medical Program is the bridge between suffering and healing. With your help, our plan is to purchase a wheelchair for Firdaouss while she continues to attend physical therapy.





Receiving a Healthy & Delicious Hot Meal

A fulfilling sadaqah for those in distress/homeless: Despite their loneliness, these men felt heartwarmed when an AH volunteer greeted them with a smile, a meal, and a conversation.

It was narrated from 'Abdullah bin 'Amr that a man asked the Messenger of Allah (PBUH): "O Messenger of Allah, which (aspect) of Islam is the best?" He said: "Offering food (to the needy) and greeting with Salam those whom you know and those whom you do not know." Sunan Ibn Majah: 3253

Water and Well Fund

AH works closely with local volunteers who identify eligible communities that lack water sources. This project aims to ease the burden of people deprived of accessible and potable water. Over the years, AH has been diligently upholding the right to live with dignity and clean water. We have built wells across many communities in Ghana, Senegal, Guinea, Morocco, Bangladesh, Pakistan, and Cambodia. Please join this effort to expand water access and give generously to the Water and Well Fund.



GHANA



DONATION FORM

P. O. Box 200285 South Ozone Park, New York 11420 • Telephone 929-405-0188

Name _____

Address _____ City _____ State _____ Zip _____

E-mail _____ Tel _____

For your convenience, how would you like your receipt to be sent? { } Email { } Mail

Zakaah \$ _____

Iftar \$ _____ Sadaqatul Fitr \$ _____ Fidyah \$ _____

{ } Please use my donations where best needed

Comments: _____

Zelle to email info@amaanahands.org (Do not use tel #) Please include your name & address in the memo.
Online at www.amaanahands.org Or by mailing to PO Box 200285 South Ozone Park, NY 11420

“Jazakumullah Khairan”

... Indeed, Allah rewards the charitable.

(Qur'an - 12:88)



Orphans & Children in Need

Across the globe, natural disasters, conflicts, and devastating illness have led to a loss of lives. Often, children are left with no one to care for them or with a family member that already has their own responsibilities. Monthly, we try our best to reach out to the orphans in a gentle and dignified manner so that they know they are cherished. Your Zakaah provides their basic needs, giving them the opportunity to pursue their education and reach their full potential.



Your Zakaah reaching out
to those in far regions.

SADAQATUL FITR:

\$15 per person
(Distributed in grains)

FIDYAH:

\$12 per day (This is for those
unable to fast due to illness
or old age)

IFTAR:

Donate to the Iftar fund
(No specific cost)



28 Years
Of Humanitarian Work
& Empowering Lives



PO Box 200285
South Ozone Park, NY 11420



929-405-0188



info@amaanahands.org
www.amaanahands.org